

# School Counseling Newsletter

Hainesport School Counseling Department

April 2021

Other  
Resources to  
Explore:

[Brave by Stacy  
McAnulty - Mr. K  
Reads Aloud](#)

[THE THING THAT  
LOU COULDN'T DO  
Read Aloud Book for  
Kids](#)

[10 Picture Books to  
Help Teach Kids  
About Being Brave](#)

[Spaghetti In A Hot  
Dog Bun-Read Aloud  
by Author Maria  
Dismondy](#)

## What's Up in K-5th Grade?

The social-emotional theme for our Kindergarten - 5th grade students in April is *Courage*. During the initial lesson, students were provided the opportunity to learn what courage means. Students understood that courage can mean being brave in scary situations, but that courage can also look and feel like simply being yourself. Students were taught that courage is believing in yourself or letting yourself try something new, even if you aren't sure you'll be good at it. Students learned that courage is both accepting who you are and striving to always be the best version of yourself. Students were able to explore ways to use courage to speak up and share their ideas in the classroom as well as using kindness and courage to empower others.

During the follow up lesson, students were able to reminisce on courageous acts they have done before. As a group, students were able to identify settings in which they would need to access their courage. We encourage you to ask your child what courage means to them and how they can show courage in the future!

## Fun Dates/Topics in April!

Spring Break!

April 2nd - April 11th



RAK & Second Step

Second Step: Unit 4

Random Acts of  
Kindness: Unit 8  
Courage



4th MKPD Begins

April 14th - Beginning  
of the final Marking  
Period



Spring

# WHAT'S UP IN MIDDLE SCHOOL?

During the month of April our 6th, 7th, and 8th grade students began the final Unit of Second Step! Unit 4 is titled Managing Relationships & Social Conflict. Unit 4 Second Step lessons were facilitated by the Physical Education teachers as well as the School Counselors.

In Unit 4, students were able to recognize their own values, think about another person's perspective, forming healthy relationships, resolving conflicts, finding the best solutions, etc.

In this Unit, our 8th graders even were able to delve into High School preparedness and challenges that may come up along the way. We encourage you to ask your child about their feelings and thoughts on this Unit! We are hopeful they will be able to tell you all about managing healthy friendships and how to handle social conflict.

## CONTACT INFORMATION FOR THE SCHOOL COUNSELORS:

MS. BARNETT

[barnett@hainesport.k12.nj.us](mailto:barnett@hainesport.k12.nj.us)

(609) 267-1316 x284



MS. WENZ

[wenz@hainesport.k12.nj.us](mailto:wenz@hainesport.k12.nj.us)

(609) 267-1316 x140



MS. ZERBO

[zerbo@hainesport.k12.nj.us](mailto:zerbo@hainesport.k12.nj.us)

(609) 267-1316 x239



"DOING SMALL THINGS WITH LOVE IS THE ATOM OF BRAVERY" - MARK NEPO

