

# School Counseling Newsletter

Hainesport School Counseling Department

January 2021

## Other Resources to Explore:

**All Are Welcome** by Alexandra Penfold

**Bully** by Laura Vaccaro Seeger

**Chrysanthemum** by Kevin Henkes

**Freckleface Strawberry** by Julianne Moore

[25 Books For Kids About Inclusion And Acceptance](#)

[Snowflake I-Spy](#)

[The Present - A Short Film](#) by Jacob Frey

## What's Up in K-5th Grade?

The SEL theme for our K-5th grade students in January is *inclusiveness*. During the initial lessons on inclusiveness, students understood that inclusivity is making people feel like they are a part of a group. Students understood that inclusiveness is valuing and respecting that we are all unique & different. They understood that they can practice inclusivity by actively listening to someone else's thoughts and opinions. Students completed a fun round robin story telling activity with their teachers to promote inclusivity.

During the school counselor's lessons with the students, students were able to discuss reasons why they are special, unique, and one of a kind! Students ultimately understood the differences of being an *excluder* and an *includer*.

## Important Topics in January!

TGKC	RAK & Second Step	NPFH
The Great Kindness Challenge 1/25/21-1/29/21	Random Acts of Kindness lessons & Second Step lessons will occur throughout the month of January!	No Place for Hate Project #2 1/25/21-1/29/21



# WHAT'S UP IN MIDDLE SCHOOL?



During the month of January, Middle School students finished Unit 2 of their Second Step program. Students completed the lessons on Bullying & Harassment during their Social Studies periods. Students should now be familiar with the terms bullying and harassment. Students are also aware of how to respond to cyberbullying. Students excitedly learned how to be an upstander and stand up for someone who may be being bullied! Students will look forward to Unit 3 of Second Step, titled Thoughts, Emotions and Decision, for the month of February!

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"KINDNESS IS MORE THAN DEEDS. IT IS AN ATTITUDE, AN EXPRESSION, A LOOK, A TOUCH. IT IS ANYTHING THAT LIFTS ANOTHER PERSON." - PLATO

