## **NOVEMBER 2023**

## **Hainesport School Lunch Menu**

Lunch Prices Student \$3.00 Adult \$4.00 I \*Menu subject to change. USDA is an equal opportunity provider and employer.

What is a Meal?
You must choose at least 3 of the 5 components available for the school

Minimum of 1/2 cup serving of fruit or a
minimum of a 1/2 cup of vegetable must
accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Snacks: Chips: \$1.25 Ice Cream: \$1.25 Small Cookies: .50 Large Cookies/ Brownies: \$1.25 Soft Pretzels: \$1.00 Rice Krispie Treats: \$1.00 Churros: \$1.00 Cinna-Minis: \$1.00 Funnel Cake: \$1.00 French Fries: \$1.50 Mozzarella Sticks: \$1.50 Gatorade: \$2.00 Izze: \$1.50 Large Water: \$1.25 Small Water: .60

LEAVE YOUR LUNCHBOX AT HOME! DAILY ALTERNATES.

> PB&J **Bagel Bag** Cereal Baa



**Lunch Prices** Student \$3.00

Adult \$4.00

**Food Service Direction** Kim Onori **Phone Number** 609 267 1316 x 213 Email: hai@nsfm.co

\*Menu subject to change

Monday

Tuesday

Wednesday

Chicken Patty Sandwich

Featured Veggies: Mixed Vegetables Celery Sticks Featured Fruit Choice of Milk

**Thursday** 

**Grilled Cheese** w/ soup

Featured Veggies: Green Beans Broccoli Featured Fruit Choice of Milk

Pizza Friday!

Cheese Pizza

Featured Veggies: Garden Salad

Variety Featured Fruit Choice of Milk

Cheeseburger

Featured Veggies: Fries

Celery Sticks Featured Fruit Choice of Milk

Pancakes Sausage Patty

**Featured Veggies:** Hash Browns **Baby Carrots** Featured Fruit

Choice of Milk

Cheese Pizza

Featured Veggies: Garden Salad Variety Featured Fruit Choice of Milk

School Closed

School Closed

13 Pulled Pork Sandwich

Featured Veggies:

Potato Wedges Celery Sticks Featured Fruit Choice of Milk

14 Soft Shell Chicken Tacos

Featured Veggies:

Corn **Baby Carrots** Featured Fruit Choice of Milk

15 Spaghetti and Meatballs

**Featured Veggies:** 

Broccoli Cucumber Slices Featured Fruit Choice of Milk

16 Bacon, Egg & Cheese on a Kaiser Roll

Featured Veggies:

Diced Potatoes Broccoli Featured Fruit Choice of Milk

1/2 Day Cheese Pizza

**Featured Veggies:** 

Garden Salad Variety Featured Fruit Choice of Milk

1/2 Day Fish Sticks w/Corn Muffin

Featured Veggies: Fries

Baby Carrots Featured Fruit Choice of Milk

27

Pork Roll &

Cheese Sandwich

1/2 Day Cheeseburger

Featured Veggies: Baked Beans

Broccoli Featured Fruit Choice of Milk

1/2 Day Turkev w/Gravv Stuffing

Featured Veggies: Mashed Potatoes

Cranberry Sauce

Variety Featured Fruit Choice of Milk

23 School Closed

School Closed

**Featured Veggies:** Potato Wedges **Baby Carrots** Featured Fruit Choice of Milk

BBQ Chicken

Featured Vegaies:

Carrots Cucumber Slices Featured Fruit Choice of Milk

Mac & Cheese

Featured Veggies:

Mixed Vegetables Broccoli Featured Fruit Choice of Milk

30 Meatball Parmesan Sandwich

Featured Veggies:

Broccoli Celery Sticks Featured Fruit Choice of Milk